

phone consultations

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Purpose

Our purpose in offering phone consultations is to assist patients who cannot make it in for an office visit. These appointments are not meant to replace your local physician's care, but to offer an alternative health perspective on what lifestyle changes may help solve your health issues.

What occurs

During the phone consultation, as with any in-office doctor's visit, the doctor will go through your recent lab tests or medical reports such as CT scans. She will review your history, health goals, and lifestyle information. Based on these factors, she will advise you as to the most important lifestyle changes to make first. This may include references for you to read from her website, supplements to take, and dietary and environmental changes. Each consultation builds on the last one, as Dr. Pepi believes in making step-by-step improvements. Once you have accomplished the most important lifestyle recommendations, she will move on to others in the following phone consultations.

Suggestions

Because there is often only half an hour to get through a lot of data collection and discussion of health issues, the more succinctly your forms are filled out the better. In other words, answer every single question in the forms and answer each question clearly and briefly. Please do not send us your own forms and lists, use the forms we provide to hit the key points, as this will save time during the consultation. Covering larger volumes of data will require longer appointments.

Fees and scheduling

Dr. Pepi's fees for phone consultations are the same as for in-office visits. Whatever amount of time you schedule is the total amount of the doctor's time you are purchasing. The receptionist will require your credit card number at the time of scheduling.

Calling us

If you call for your consultation and the doctor is still with a patient, please leave the receptionist a phone number where we can reach you. We'll let you know as soon as she's available. You can then call us back at 818.808.0899.

I have read and understood these points _____